



CABOOLTURE | REDCLIFFE | BRIBIE

GO RIN POU JIU JITSU

# News Letter

2015 VOL 3

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## Holiday dates

The end of year holidays is the only time our dojos are closed. Classes are usually smaller so this is when we have the most fun. We get to play with swords and other weapons, learn some extra high level techniques and other cool things we don't usually get time to do during school terms.

So. Rather than stay at home during the holidays, come to training.

If you have friends or relatives staying over, BRING THEM ALONG. They get to train for free. If you are not near your regular dojo or can't get there on the regular night, you can go to any other dojo with your same membership. No extra forms to fill or fees to pay. It is the same process and times at every dojo.

Dojo	Last for 2015	First for 2016
Caboolture	Tue 8 <sup>th</sup> Dec *	Tue 5 <sup>th</sup> Jan
Bribie	Thu 10 <sup>th</sup> Dec *	Thur 7 <sup>th</sup> Jan
Redcliffe	Mon 7 <sup>th</sup> Dec *	Mon 11 <sup>th</sup> Jan

## \* THIS IS WHEN YOU BRING YOUR RED CERTIFICATES

Remember, if you leave them at home, it doesn't matter how many you have. If someone else turns up with just one, they could take the trophy. This is the only award that Go Rin Pou has so it is quite prestigious. You need to be a current financial member and you can only use certificates issued at the dojo. You might notice a C or R or B on your certificate? This is Caboolture Redcliffe & Bribie. If you train at more than one dojo, you can only use certificates issued in that dojo, but you could still potentially get the Most Diligent Student Award for more than one dojo. Like many things, just turn up!

## Christmas Party @ the Lagoon

*"It's Redcliffe's turn"*

2014 Christmas party we had a record turn up for breakfast at Bribie with 95 attendees. Castles were jumped, wars were tugged, socks were pulled, photos were recreated, bacon was devoured, new traditions sorted and fun was had.

Now it is Redcliffe's turn again to host the gig.



Annual Fees are due in January!

**However, if you pay early, you get a club shirt for 1/2 price**

Boring fine print:

- only available while stocks last
- must be paid before the 2015 Christmas Party
- can't be converted to cash or credit on any other merchandise
- BE FAIR – only for your size

The club runs on a not for profit basis. We do everything at cost price to make our martial art as accessible as possible.

You get a lot for your membership fees, most of it goes on insurance, affiliation fees and stationary and other running costs. What we don't collect, comes out of the pockets of your instructors. See back for details.

This year we are gathering for breakfast at the Settlement Cove Lagoon Redcliffe.

There is shady playgrounds, swimming, sock wrestling & more. Directions will be on the website.

**Date** : Sunday 13th Dec, 2015

**Time** : 8 am to 12 pm (ish)  
Breakfast at 9,

Food will be gone by 9:30.

**Place**: Settlement Cove Lagoon,

Corner of Anzac Avenue and Redcliffe Parade

**Price**: Students, Senior & Junior \$7 each - Parents & Extras \$4 each

## Show your club colours

### Shirt Prices

Jnr 6-14..... \$19

Snr XS-L.....\$25

Snr XL-5xl.....\$29

### Jacket Prices

Jnr 6-14.....\$25

Snr XS-L.....\$29

Snr XL-5xl.....\$35



See Peter

More merchandise available including badges and gis  
Ask your instructor for a catalogue.

## AJJA SEMINAR

We sent a team to the AJJA National Seminar again this year. We made \$2800 doing sausage sizzles and seminars to fund the trip leaving only a minimal contribution required by attendees. Thanks to the awesome effort of those that unselfishly gave up their free time to pitch in and those that would have but for their work. See More over >>>>

## AJJA SEMINAR



This year we trained on Thursday Night at Bribie, got straight on the bus, road trip to Sydney, went straight into a weekend of hard core martial arts with Australia's best and brightest instructors, did a taiuku kata flash mob on the Opera House (really), invaded Paddy's markets, club dinner at Circular Quay, another road trip back to Brizzy and got off the bus & stepped straight onto the mat at Redcliffe for Monday night training.

This year we had the youngest student on the mat (Amy), the most members from any club on the mat and complimented again by senior officials and other clubs for having the hardest working and most respectful students. Well done Go Rin Pou.

## Get Connected

[www.gorinpou.com.au](http://www.gorinpou.com.au)

Find us on facebook

We have an awesome facebook group. It is private so you need to request to join, but it is a great way to keep up with what's happening and chat with other members.

[www.facebook.com/groups/gorinpou](http://www.facebook.com/groups/gorinpou)

## Past Issues

Some cool stuff you can find in previous issues. You can download these from our website any time @ [www.gorinpou.com.au](http://www.gorinpou.com.au)

- **Stay interested**  
What to do if your child starts showing less interest in class? Here is how you solve that issue...
- **Coaching Qualifications**  
Yellow Belt and up must have a senior first aid certificate and all blue belt and up are required to have their level 1 coaching qualification. Why & how....
- **Who is Go Rin Pou exactly?**  
And what is it that we do?
- **Merchandise Price Lists**  
Shirts weapons and much more

## Sports Ju-Jitsu

*Coming soon to a club near you  
We are planning our first interclub event in July 2016*

## NEWBIES

If you are new, read all about our club at [www.gorinpou.com.au](http://www.gorinpou.com.au). You can even download our Welcome kit. It has answers to all of your questions and questions you haven't thought of yet.

## Electronic payments

You can make payments direct to the club BSB 638 161 Acc 010716157. Please send an email to [dojo@gorinpou.com.au](mailto:dojo@gorinpou.com.au) every time telling me the date amount and what it is for.



If you get a chance, come and support your club at one of the many demos we do. See our hectic schedule on our facebook page. Keep up to date on other club events via our facebook page too. This photo taken at the Caboolture Twilight Fiesta.

**"If you truly love life, don't waste time, because time is what life is made of"**

Bruce Lee

## Memberships

Go Rin Pou Ju Jitsu maintains affiliations and memberships with the Australian Ju Jitsu Association (AJJA), World Ju Jitsu Federation (WJJF) and the Martial Arts Industry association MAIA. Go Rin Pou also has \$10m Public Liability and Professional Indemnity Insurance. This is on top of your PCYC insurance.

If the annual fees from members don't cover these items, it comes out of your instructor's pockets. If there is some left over we use it for trophies and Christmas parties etc. The Club is run as a non-profit organization. Instructors also pay their own membership costs as above.

Your instructors also maintain their own AJJA & WJJF membership costs. They also are responsible for training and accreditation with the MAIA and NCAS as well as their own first aid certificate costs.

Some Instructors also hold additional AQF Certificate qualifications in Sports Coaching, Training and Assessment and Security. Go Rin Pou has some of the most qualified instructors in the industry and none of this comes out of your training fees. It is all the responsibility of the instructor. Instructors still pay for their training, even if they are only teaching. Teaching is still learning.

Rank	Age	Bribie	Cab	Red
<b>Dragon cubs</b>	8 & under & not graded	\$55	\$65	\$45
<b>Sub Juniors</b>	8-11	\$55	\$75	\$55
<b>Juniors</b>	12- 15	\$65	\$75	\$55
<b>Seniors</b>	16+	\$70	\$85	\$55
<b>Instructors</b>	18+	\$80	\$95	\$65

\*Redcliffe Students fees do not include PCYC Fees. These need to be paid separately to the PCYC when they are due.

\*Students with AJJA books and WJJF Books, please bring them with you when you pay so we can update them as we go.

\* Dragon Cubs are generally between 5 y/o and 8 y/o but can include new students up to 10 y/o learning the self - defence and stranger danger components for the first month or so. As soon as a student grade they are no longer a dragon cub.

\*Sub Juniors are 8 to 11 years old, Juniors are 12 to 15 years old inclusive however a child with size & ability may be placed in a higher age group.

\*Seniors are 16 y/o and up however the instructor may place a younger student as a senior if their size and ability warrants with parent's permission.

\* AJJA Members have additional insurance in addition to your PCYC Insurance. If you are an assistant instructor or in training to be an assistant instructor, you should have both and a NCAS level 1 coaching qualification. If you are not yet Snr Blue or Jnr Or, you can still be a member and get AJJA recognition for an additional \$40 Snr \$20 Jnr until you achieve your Blue/Orange, and after that it is included in your annual fees. You need AJJA membership to train outside of the PCYC and for the AJJA national conference events and events at other dojos

\* you only need to be a member at one PCYC but it should be the one you train most at.